

## How do I become a Community Palliative Care Volunteer?

The first step is to contact the  
Community Palliative Care  
Volunteer Coordinator.

They will ask you to complete an  
application package, and to provide  
documents so we can conduct  
clearance checks.

We then invite you to an interview  
so you can find out more about the  
community volunteer role, and we  
can find out more about you.

Those people selected will complete  
the introductory training program,  
and prepare for community service  
following consultation with the  
Community Palliative Care  
Volunteer Coordinator.

**Aboriginal people and people  
from culturally & linguistically  
diverse backgrounds are  
encouraged to apply.**

For more information  
about Community  
Palliative Care Volunteers  
please contact:

**Janet Pearce  
Community Palliative Care  
Volunteer Coordinator**

Far West Local Health District  
Broken Hill

Telephone: (08) 80801733  
Mobile: 0428 913 303



Email:  
[janet.pearce@health.nsw.gov.au](mailto:janet.pearce@health.nsw.gov.au)



## Community Palliative Care Volunteer



*Do you have the  
compassion,  
commitment and time to  
volunteer and  
support  
someone with a life  
limiting illness?*

## What do Community Palliative Care Volunteers do?

They offer companionship and support to people living with a life limiting illness at home, their carers and families.

Community Volunteers provide:

- A confidential listening ear
- Compassion and Comfort
- Companionship
- Practical help with appointments or errands
- Relief for carers
- Extra support for outings
- Bereavement support

***“Community Palliative Care Volunteering offers the opportunity and privilege to support and be involved with others at one of the most significant times in their lives”.***

## Who can be a Volunteer?

Volunteers are adults of all ages, and come from all walks of life.

Volunteers are chosen for their:

- Warmth and understanding
- Communication skills
- Emotional maturity
- Acceptance of others
- Ability to respect confidentiality
- Openness to learn from those they serve

Most needed is a generous loving heart; a lot of common sense, and the ability to just ‘Be’ with people.



Volunteers are asked to commit from two to four hours per week to their volunteering role.

## Training & Preparation

Participation in the introductory training program is required. The course is 25 hours (in total)

## Topics covered include:

- Introduction to Palliative Care
- The Role of the Volunteer
- Communication Skills
- Spirituality
- Loss and Grief
- Diversity
- Palliative Care Illnesses
- Workplace Health and Safety
- Professional Boundaries
- Self Care

Participants do not sit exams but are asked to reflect on their learning and experiences during the program.

Volunteers are supported and encouraged to commit to ongoing development, and attendance at meetings and training.