

## FAR WEST LHD VOLUNTEERS

The Dementia/Delirium and Palliative Care Volunteer Support Team supports patients who are identified as having dementia/ delirium, or a palliative care patient requiring additional support.

The aim of the service is to utilise dementia specific resources to reduce stress levels of confused patients in an acute care setting, or to provide support to a palliative care patient in the hospital ward.

The service uses the principles of person centered care to support the physical and emotional wellbeing of this group of patients.

We look forward to talking with you about volunteering with FWLHD.

***Aboriginal people and people from culturally and linguistically diverse backgrounds are encouraged to apply.***

For more information about  
Dementia / Delirium  
Palliative Care Volunteers  
please contact:

**Janet Pearce  
Dementia / Delirium and  
Palliative Care (DDPC)  
Volunteer Coordinator**

Far West Local Health District  
Broken Hill  
Telephone: (08) 80801733  
Mobile: 0428 913 303



Email:

[janet.pearce@health.nsw.gov.au](mailto:janet.pearce@health.nsw.gov.au)



**Health**  
Far West  
Local Health District

## Dementia/Delirium & Palliative Care (DDPC) Volunteers



**Do you have the  
compassion,  
commitment and  
time to volunteer?**

## Apply for the DDPC Volunteer Support Service

Volunteers are members of the Broken Hill Community who have expressed an interest in volunteering for this service.

The first step is to contact the DDPC Volunteer Coordinator.

They will ask you to complete an application package, and to provide documents so we can conduct clearance checks.

Volunteers receive specific training for Dementia/Delirium and Palliative Care to prepare them for the volunteer role in the hospital.

### Who will the DDPC Volunteers assist?

Hospital patients identified as having dementia/ delirium

Palliative Care hospital patients requiring additional support

Patients need to give consent for volunteer visits during their hospital stay.

## Who can be a Volunteer?

Volunteers are adults of all ages, and come from all walks of life.

Volunteers are chosen for their:

- Warmth and understanding
- Communication skills
- Emotional maturity
- Acceptance of others
- Ability to respect confidentiality
- Willingness to help others



Volunteers are asked to commit from two to four hours per week to their volunteering role.

## What do DDPC Volunteers do?

Provide companionship and support

A calming presence

Listen to the patient

Converse with the patient on topics that are of interest to the patient, talking about their favourite sport or hobby.

Ensure that patients have their glasses or hearing aids

Discuss with the patient what activities they enjoy; such as art, reading and engage the patients with these activities

Engage the patients with other social activities, for example, playing cards; giving them a hand massage.