

What is 'Live your Best Life'?

'Live your best life' is our promise to you - we want to support you in every experience you have with our Local Health District to live your best life.

After all, our service is about 'Life' - preserving life, improving life and keeping people well - not just a place to go when you are sick.

So why not make it your best!

By sharing with us what your best life is to you, we will better understand your needs and be able to support you to make decisions about your health and care.



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Health
Far West
Local Health District



What's your best life?

Our health service - helping you to 'live your best life'





What is a best life?

Your best life is made up of anything that is important to you. It can be physical, social or emotional or a combination of all three.

For some people it's about being there for family, for others it may be travel or study. Your best life may include making your career with the Far West Local Health District! There is no right or wrong best life.

It may be simple or made up of many layers.

'FEELING WELL TO LOOK AFTER AND KEEP UP WITH MY KIDS (AND GRANDKIDS).'

'THRIVE - NOT JUST SURVIVE SO I CAN TRAVEL AND MEET NEW PEOPLE!'

'BELONGING'

'BEING A HAPPIER PERSON FOR MY FAMILY.'

'BE THERE TO HELP MY AUNTIES AND UNCLES'

'STUDYING SO I CAN FIND WORK AT OUR LOCAL HEALTH DISTRICT'

Why do we want to know your best life?

- **Everyone is different** and our aim is to offer a health service that is tailored to your needs as best we can.
- **Your choices matter** and your voice counts. We care about your wishes.
- We will provide you with tools and **support you to make decisions** about your health and care to meet your goals.
- You will have a **better experience with our health service** by participating in decision making.
- There are many more **opportunities to be involved in being well** with our service - we want to be a 'hub' for health throughout your life - if we understand your goals we can more effectively help.

Our Commitment



"We promise to support you to 'live your best life' through providing a health service that respects and supports your decisions and wishes, focusing on the physical, emotional and social wellbeing of you, your family and your community."